## WYLLIE ARTHRITIS CENTRE

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Prevent it. Manage it. Cure it.

## Planned Service Delivery From 6pm Thursday 19<sup>th</sup> March 2020

Please note, whilst we have planned alternate delivery of services until mid May 2020, the situation will be reviewed daily and updated as information emerges.

Date	Event	Plan for Service
March 26 <sup>th</sup>	Osteoarthritis Social Coffee Catch-up	Online social meeting
March 28 <sup>th</sup>	A-Z Osteoarthritis of the Knee – Seminar	Online webinar
April 2 <sup>nd</sup>	Virtual Reality for Pain Care – Talk	Postponed
Various	All Support Groups	Online social meeting
April 18th	Tai Chi Instructor Training Workshop	Postponed
April 19 <sup>th</sup>	Camp Stretch	Postponed
Various	Exercise Classes – land based – all locations	Online classes
April 29 <sup>th</sup>	MSk Pain and Anxiety	Online webinar
Various	Self Management Programs	Online programs
8 <sup>th</sup> May	Healthy Wealthy & Wise – Seminar	Postponed
15 <sup>th</sup> May	Family Weekender Camp	Postponed
Various	Community Speakers – Talk	Postponed

NB: All online activity is currently being planned and will be confirmed soon.