

ANNUAL REPORT 2022



Arthritis Foundation of Western Australia Inc.
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Mission

The objective of Arthritis & Osteoporosis WA is to reduce the incidence and disabling effects of arthritis, osteoporosis and related conditions in the people of WA.

Vision

AOWA will educate and assist people with musculoskeletal conditions by being a pre-eminent point of referral. With sustainable funding, provide professional partnerships to establish improved health services in Western Australia whilst always supporting promising research.



History

The Western Australian Arthritis & Rheumatism Foundation (WAARF) was inaugurated in October 1972, as a non-government organisation, through the efforts of Drs Phyllis Goatcher, Evan Owen and Roger Dawkins. In 1991, the organisation's name was updated and changed to its present form.

PRESIDENT'S REPORT

Dr Jack Edelman AM MBBS FRACP



I am delighted to report that Arthritis & Osteoporosis WA (AOWA) has had a successful year delivering high-quality health services and programs to support the management of musculoskeletal disorders for all West Australians. Despite the challenges posed by the COVID-19 pandemic, **Prof. Nossent's research** has continued to progress well, with several studies being published in scientific journals and presented at conferences. Prof Nossent's research report underscores the importance of investing in research and training opportunities to improve the health outcomes of patients with rheumatic diseases.

Our **Rural Rheumatology Clinic Service** has been providing rheumatology services to rural and remote areas of WA since 1974. These clinics offer a much-needed lifeline to support consumers with chronic musculoskeletal conditions living in rural areas. AOWA has been instrumental in coordinating clinics across the Goldfields, Great Southern, Mid-West, Kimberly, and Pilbara regions.

We provided up-to-date musculoskeletal **education for health professionals** and delivered five education events in 2022 for 86 Health Professionals. These events aim to help achieve the successful transfer of knowledge to health professionals to be applied in clinical interactions and the management of arthritis and related conditions.

We are committed to enabling people with arthritis and related conditions to become informed about their condition, and our **self-management programs** have been delivering these services for over 20 years. In 2022, we delivered 13 self-management programs to 94 people across five locations, plus three online programs. These programs aimed to empower consumers with the knowledge and skills to manage their arthritis in partnership with their health professional team. In addition, our **public seminars and talks** are educational events open to consumers. Last year, we delivered 27 public seminars and talks in metro and rural areas, attended by 1085 consumers, including seven online events.

In May 2022, we organised the first-ever **National Online Consumer Conference** for consumers with musculoskeletal conditions. The conference was aligned with the annual professional Australian Rheumatology Association (ARA) conference, with 18 highly respected WA, interstate, and overseas speakers presenting the latest research and information on bone and joint conditions. Impressively, the conference attracted over 500 attendances across all States and Territories.

AOWA's commitment to children and young people with arthritis continues to provide service in this important area of focus. In 2022, we delivered hydrotherapy classes and introduced a new **Teens Healthy Bones & Joints Land-Based exercise program** for young people aged 11 – 17. In addition, the Arthritis Getaway for young adults was held in Dunsborough and attended by 17 people. Our annual Camp Freedom, proudly sponsored by Lotterywest, saw 70 children attend the event during the Sept/Oct school holidays.

We also continued to provide a range of community-based programs, including **support groups** and **community speakers**, to bring people together with musculoskeletal conditions and share lived experiences. Our **telephone advice and support service**, operated by volunteers and staff, responded to 2,202 enquiries and requests for information about musculoskeletal conditions.

Our **exercise programs** have provided a diverse range of land-based and hydrotherapy-based exercise programs for consumers with musculoskeletal conditions. We delivered 493 land-based classes (including online classes) across three venues, with a throughput of 3,065 attendees.

Our **volunteers** have been essential in helping AOWA to continue to deliver its high-quality services, and the Board and staff are grateful for all their support. Volunteers assist across various roles and activities, including AOWA Board positions, community speaking, support group leading, office work, camps for children and young adults, and telephone advice and support.

I also want to express my gratitude to the Board and Committee members, who all act in an honorary capacity, and to Ric Forlano and his dedicated staff for their unwavering commitment to providing quality support and services to the people of Western Australia living with musculoskeletal disorders.



TREASURER'S REPORT

Dr Silvia Caratti PhD B.Com CTA FCA MBA



After successfully navigating a difficult Covid-19 period over several years, I am pleased to report that another trading surplus of \$545,533 was achieved for the 2022 financial year. This is an increase from \$457,224 the year before.

We continue to monitor costs closely, and I'm pleased to inform we were able to keep our administrative expenses down to 6% of total income.

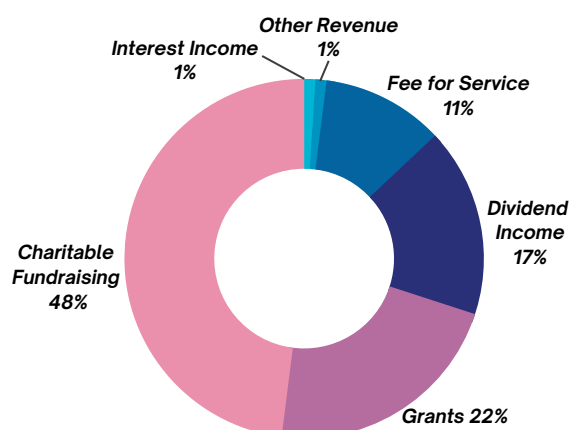
Our research contribution appears low because the total cost of the Professor was expensed on his appointment even though the actual payments were spread out over five years. The actual total cash spent on research for 2022 was \$302,300.

We are required to record our investments at fair value and our portfolio, and at the end of 2021, the market was at a high resulting in an increase in value to the portfolio of \$1,277,901 in that year. Unfortunately, a sharp downturn in the last quarter of 2022 saw a write-down of our investments of \$1,540,018. This volatility in the markets, therefore, resulted in a total comprehensive deficit of \$964,483 for the current year.

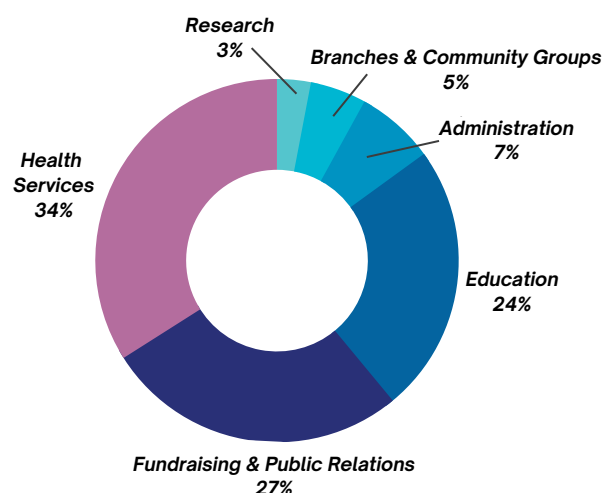
Overall, whilst there was some volatility in the investment portfolio, our organisation remains in a strong financial position and with a solid asset base providing a platform that will enable us to continue prioritising innovative programs and vital research for those with arthritis-related and bone and joint diseases.

Our sound financial position is the result of the commitment of the Finance Committee and Board of Management, who give their time freely, not forgetting the staff and many volunteers that support the foundation. I wish to thank all those involved that make a contribution to the financial success of our organisation. It is through their efforts that we are well-placed for the future.

REVENUE 2022



EXPENDITURE 2022



PERFORMANCE HIGHLIGHTS



National Conferences

AOWA organised the first National Online Consumer Conference for those living with musculoskeletal conditions. Aligned with the annual professional Australian Rheumatology Association (ARA) conference, this brought together **over 500 attendees from across all States and Territories.**



Support Groups

Six disease-specific support groups provided a safe space for individuals with musculoskeletal conditions to connect, share lived experiences, and provide peer support. In total, these support groups held **52 meetings and provided assistance to 372 individuals.**



Land-based Exercise Classes

AOWA provided **493 exercise classes across three venues, with 3,065 attendances.** Classes included land-based exercises for arthritis and osteoporosis, beginner's and gentle yoga, Tai Chi, Nordic pole, and classes for children with chronic musculoskeletal conditions.



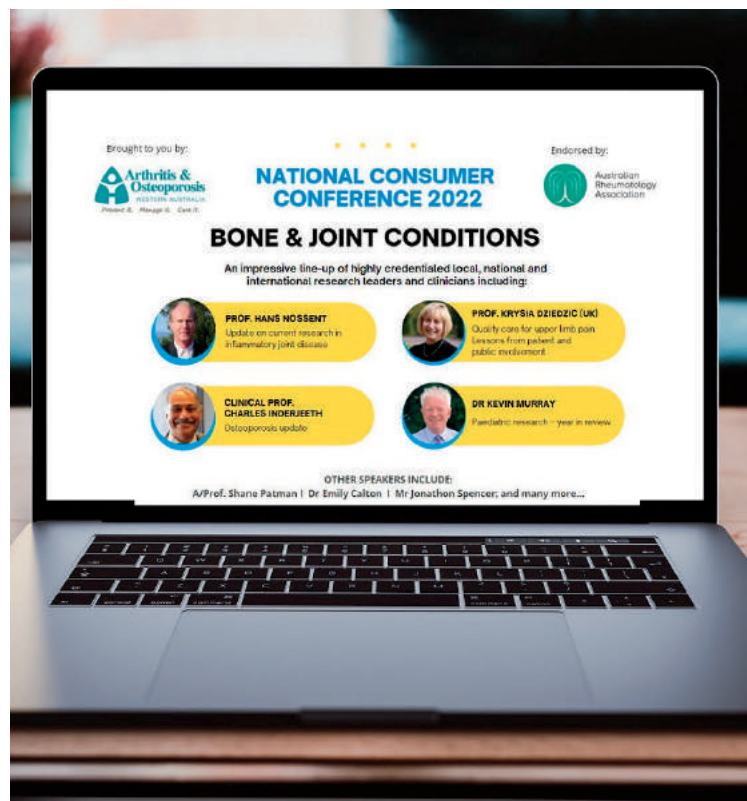
Hydrotherapy Classes

AOWA provided hydrotherapy classes for individuals living with musculoskeletal conditions at our Shenton Park and Albany locations. A total of **1,489 warm water exercise sessions attracting over 11,600 attendances.**



Educational Support to Health Professionals

Five educational events attended by 86 health professionals, including online seminars on Chronic Musculoskeletal Shoulder Pain, The Stress Response, Making Clinical Sense of Musculoskeletal Pain, and Therapeutic Alliance and Managing Musculoskeletal Pain.



HEALTH SERVICE PROGRAMS DELIVERED



Arthritis & Osteoporosis WA (AOWA) provide a comprehensive range of services and programs to support the management of musculoskeletal disorders for all West Australians.

Rural Health

Rural Rheumatology Clinics

The Rural Rheumatology Clinic Service has been delivering rheumatology services to rural and remote areas of WA since 1974.

These clinics enable visiting rheumatologists to provide a much-needed lifeline to support consumers with chronic musculoskeletal conditions living in rural areas.

AOWA assists with coordinating clinics across the Goldfields, Great Southern, Mid-West, Kimberly, and Pilbara. Clinic data across all regions is no longer collected by AOWA.

We do prepare a schedule of clinics to support the service, and a list of the clinics may be viewed [here](#):

Albany	Clinic held monthly	Kalgoorlie	Clinic held monthly
Broome	Clinic held five times a year	Karratha	Clinic held once a year
Carnarvon	To be confirmed	Kununurra	Clinic held five times a year
Derby	Clinic held three times a year	Port Hedland	Clinic held once a year
Esperance	Clinic held four times a year	Bunbury & Dunsborough	Private clinics - call for details
Geraldton	Clinic held monthly		



Building Workforce Capacity

Education for Health Professionals

It is important that the health workforce are aware of and informed about musculoskeletal conditions.

AOWA works with health professionals to provide them with up-to-date musculoskeletal education. The objective is to successfully transfer knowledge to health professionals so that it may be applied in clinical interactions and the management of arthritis and related conditions.

In 2022, AOWA delivered five educational events for 86 Health Professionals:

- Chronic Musculoskeletal Shoulder Pain (online)
- The Stress Response (online)
- Making Clinical Sense of Musculoskeletal Pain (online)
- Therapeutic Alliance and Managing Musculoskeletal Pain (online)
- Clinical Update: Adult and paediatric fractures - relocations and reductions



Testimonial:

I wish my Doctor had referred me to the "Arthritis Keys Program" five years ago when I was first diagnosed! It would have made a difference in how I managed my rheumatoid arthritis. Knowledge is self-empowering! Thank you. Great presenters.

HEALTH SERVICE PROGRAMS DELIVERED



Assisting Consumers

AOWA is committed to enabling people with arthritis and related conditions to become informed about their condition. This is achieved through the provision of education to assist people living with arthritis to actively participate in managing their health. The following summary provides an outline of the consumer events delivered in 2022.

Self Management Programs

AOWA have been delivering self-management programs (SMPs) for over 20 years. These programs, named '*Arthritis Keys Programs*', aim to empower consumers with the knowledge and skills to manage their arthritis in partnership with their health professional team.

In 2022, AOWA delivered a total of 13 self-management programs to 94 people across five locations, plus three online programs. The programs were designed for people living with the following conditions:

- Osteoarthritis
- Rheumatoid Arthritis
- Ankylosing Spondylitis and Psoriatic Arthritis

Public Seminars/Talks

Public seminars/talks are educational events that are open to consumers. The events aim to provide high-quality arthritis and musculoskeletal education delivered by well-credentialed presenters. In 2022, AOWA delivered 27 public seminars/talks in metro and rural areas that were attended by 1085 consumers, including seven online events.

In May 2022, a National Online Consumer Conference was organised by Arthritis and Osteoporosis WA. This was the first of its kind for consumers living with musculoskeletal conditions. The conference was aligned with the annual professional Australian Rheumatology Association (ARA) conference and attracted ARA endorsement of the consumer event.

This special full-day online event enabled consumers to access the latest research and information on bone and joint conditions from the comfort of their homes. The conference program was divided into six sessions presented by 18 highly credentialed and respected speakers from WA, interstate and overseas. Impressively, there were over 500 attendances across all States and Territories.

Our Healthy, Wealthy & Wise (HW&W) seminars are free to the public and offer the community reliable information on topical arthritis subjects and Estate Planning. These subjects are presented by many highly regarded professionals, many of whom volunteer their time and expertise. In 2022, six HW&W seminars were held in Perth metro and regional locations were attended by a total of 163 people.

Our educational seminars on musculoskeletal conditions would not have been possible without the generous support of the Richard Lockwood Foundation. We extend our heartfelt appreciation to them for their commitment to empowering consumers with knowledge and resources to improve their health.

Community Speakers

Trained AOWA volunteers visited community groups around the Perth metro area to deliver education about arthritis and osteoporosis. In 2022, AOWA community speakers visited ten community groups, reaching 394 people.

Support Groups

Support Groups bring people together with musculoskeletal conditions to share lived experiences and provide peer support in a safe environment. Six disease-specific support groups ran, with a total of 52 meetings throughout 2022, supporting 372 people.

Telephone Services

AOWA provide telephone advice and support service for consumers. Manned by volunteers and staff, the service responds to enquiries and requests for information about musculoskeletal conditions. We are also here to take calls from our AOWA consumer family – even if it is to say hello and stay connected.

Volunteers

Volunteers have been involved with AOWA since its inception in 1972 and are very fortunate to have a loyal band of volunteers. Volunteers assist across a range of roles and activities, including AOWA Board positions, community speaking, support group leading, office work, camps for children and young adults and telephone advice and support. Volunteers are essential in helping AOWA to continue to deliver its high-quality services, and the Board and staff are grateful for all their support.



HEALTH SERVICE PROGRAMS DELIVERED



Exercise Services

AOWA provides a diverse range of land-based and hydrotherapy-based exercise programs for consumers with musculoskeletal conditions. Led by Health Professionals and Exercise Instructors, the classes are provided at a relatively low cost to facilitate consumer access.

Land-Based Exercise Classes

In 2022, 493 land-based classes (including online classes) were provided across three venues with a throughput of 3,065 attendances. The exercise class levels span across beginners through to advanced and included the following classes:

- Land-based exercise classes for arthritis
- Land-based exercise classes for osteoporosis
- Beginner's and gentle yoga classes for arthritis
- Tai Chi for arthritis
- Nordic pole classes for arthritis; and
- Land-based exercises classes for children living with chronic musculoskeletal conditions

Online Exercise Classes

AOWA continue to offer these online classes as an ongoing fixture to improve the accessibility of our exercise services for those unable to attend in a face-to-face capacity or located in regional areas of the state.

Hydrotherapy Classes

AOWA provided hydrotherapy classes for people living with musculoskeletal conditions at our Shenton Park and Albany locations. In 2022, 1489 warm water exercise sessions occurred, with more than 11,600 attendances.



YOUNG PEOPLE LIVING WITH ARTHRITIS



New Teens Healthy Bones & Joints Land-Based Exercise Program

In 2022, AOWA launched a new service for children living with chronic musculoskeletal conditions. In collaboration with Western Kids Health, AOWA introduced a land-based bone and joint education and exercise program for teenagers. The program is led by a Physiotherapist with experience in paediatric health and is designed for young people aged

11 years old (or Year 6) to 17 years old.

Hydrotherapy Classes

AOWA provide support to children living with Juvenile Idiopathic Arthritis (JIA) through the delivery of hydrotherapy classes. The program is led by a Physiotherapist with experience in paediatric health. Classes run weekly and by the term and are designed to provide a tailored exercise program in a fun and supportive environment.

The Arthritis Getaway (TAG)

TAG is an annual weekend getaway designed to educate and support young adults with chronic rheumatic conditions. The event is designed to enable young people aged 18 to 35 who are living with arthritis to meet and support one another and learn about managing arthritis as they advance through adulthood years. In 2022, 17 young people participated in TAG held in Dunsborough.

Camps

AOWA has organised an annual camp for children with musculoskeletal conditions since the early 1990s. Camps aim to promote self-management, personal growth, independence, self-confidence and physical capabilities. An established and regular event in the AOWA calendar, this camp consistently rates as a favourite event with participants. In September 2022, 68 children participated in the camp, which was held at Woodman Point Campsite, Coogee. We would like to acknowledge and thank our major sponsor Lotterywest for their ongoing support, which has been integral to the camp's growth and success.

Education for Camp Leaders

AOWA camps are supported by an excellent team of volunteer Camp Leaders. The Camp Leaders engage in training to help prepare them to deliver a safe and high-quality camp experience. In 2022, 36 Camp Leaders attended the following training sessions:

- Mental Health Training (Part 1 & 2)
- Managing Pain and Building Resilience



PROJECTS & GRANTS



AOWA actively seeks grant funding to support work to benefit people with arthritis and related conditions.

In 2022, AOWA engaged in work to support a number of projects as follows:

Arthritis e-Learning for Health Professionals

This project forms part of a national consortium on arthritis care, which is funded by the Australian Commonwealth Government through a grant administered by Arthritis Australia.

The project aims to develop a modular-based, digital arthritis learning platform for health professionals that will be accessible at the national level and beyond.

AOWA and Curtin University are working in partnership to lead a package of work for the project that has a focus on rheumatoid arthritis (RA) care. Another group will lead a workstream dedicated to osteoarthritis (OA) care. The partner agencies are working together to build a well-integrated arthritis care learning platform. Arthritis learning content is developed and reviewed by health experts and people with lived experience.

In 2022, key project outputs and milestones were achieved as follows:

- Completion of learning content in text format for 15 modules
- Review of learning content by the project team
- Commencement of translation of text content into a digital learning format

The next phase will see the completion of the translation of text content in December 2023, followed by the launch of the final product.

Staying Moving, Staying Strong (SMSS)

This project is also funded by the Australian Commonwealth Government through a grant (GA76063) administered by Arthritis Australia. It aims to develop consumer resources for Aboriginal Australians living with arthritis.

The overall principle underpinning this project is cultural sensitivity. The main objective is to develop and deliver culturally appropriate arthritis information resources that are informed by and incorporate Aboriginal people's cultural rights, values, beliefs, knowledge systems and expectations.

AOWA has partnered with the following organisations for this project:

- National Aboriginal Community Controlled Health Organisation (NACCHO)
- University of Melbourne (UMelb)
- University of Western Australia (UWA)
- Curtin University (WA)

In 2022, the following key project outputs were successfully achieved:

- Completion of a research process to develop recommendations for content included in the final information resources
- Aboriginal Australian artists have commenced the design phase for the development of the information resources
- The research concepts and stages of the project were showcased at two national conferences
- Two manuscripts were submitted to peer-reviewed medical journals

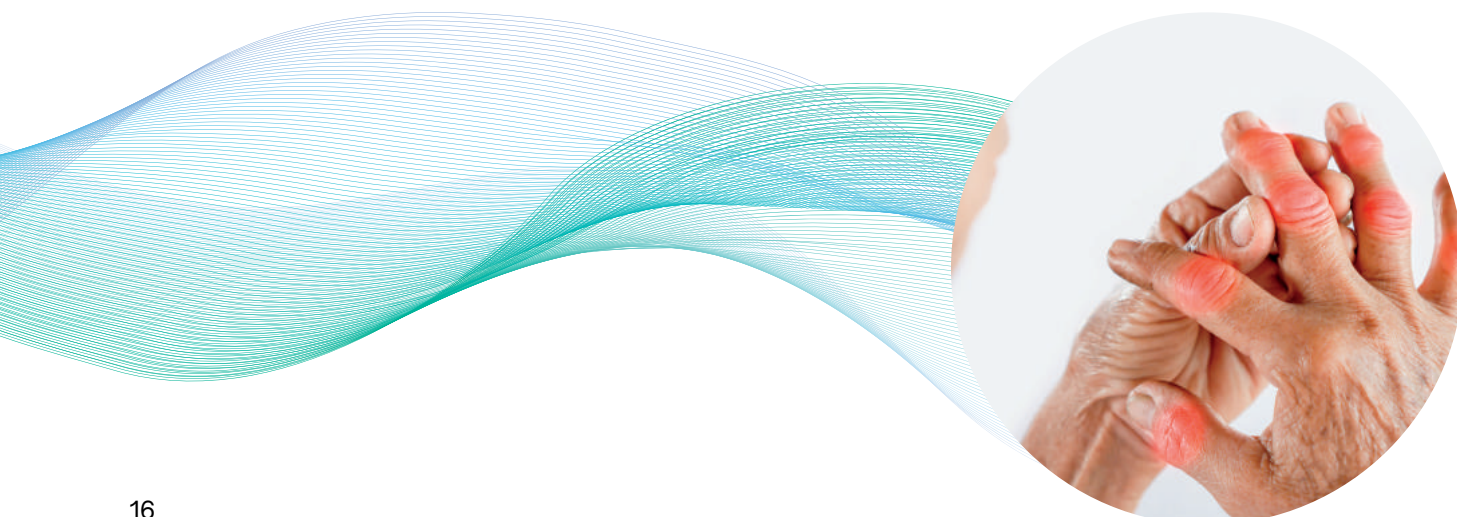
The next phase will occur in the first part of 2023 and will complete the information resources ready for dissemination to assist consumers. The launch will occur in mid-2023.

Gout Project

In 2019, acting as Lead Agency, AOWA partnered with Dr Helen Keen (Rheumatologist) from UWA and developed a successful grant application through Perpetual Philanthropy. The project aimed to improve the care of gout using a pharmacist-led model in the community. Other partners included the University of Adelaide and the University of Queensland.

The project concluded in 2022, and the following outputs were successfully achieved:

- 25 interviews were completed with pharmacists, GPs and people living with gout
- A qualitative analysis was undertaken of the interviews
- Recommendations were formed and incorporated into a research protocol to inform the development of new models of gout management in community settings.



Singular Health Group's Joins Research Project

Singular Health Group signed an 18-month research agreement with the Arthritis and Osteoporosis WA (AOWA) Foundation and Edith Cowan University (ECU) to improve bone and joint health in Australia's youth.

The Bone and Joint Health project aims to create and distribute age-appropriate, curriculum-aligned and immersive digital learning resources to promote healthy bones and articulations. Under the agreement, Singular will provide the necessary software platform and other resources to create interactive resources for the visualisation of the musculoskeletal system for educators and sporting associations.

The research agreement is worth \$520,000, and Singular will receive \$60,000 to digitise and generate interactive resources. Project resources will be available commercially to teachers, parents, careers, and coaches in over 1,300 secondary schools and 70,000 sporting clubs throughout Australia.

The agreement stipulates a cash donation from AOWA of almost \$300,000 and in-kind contributions from AOWA and ECU. Singular and the AOWA will share any intellectual property or IP derived from the project, including 3D anatomical models and commercialise these with current IP developed and pioneered by AOWA.



RESEARCH



Our commitment to research continues under the direction of Professor Hans Nossent as Chair of Rheumatology and Musculoskeletal Medicine at UWA.

In the medical field, continued education and service play a critical role in ensuring a healthy and informed population. This report focuses on the need for increased training opportunities in Rheumatology to bridge the gap between service provision and requirements in the field. The report also highlights the contributions of Professor Nossent to the medical community through his research, service, and postgraduate supervision.

Despite the challenges posed by the COVID-19 pandemic, Prof. Nossent's research has continued to progress well, with several studies being published in scientific journals and presented at conferences. Overall, this report underscores the importance of investing in research and training opportunities to improve the health outcomes of patients with rheumatic diseases.

Research Activities

The established lines of research are progressing well, and the highlights for 2022 are listed below. All conference presentations in 2022 have been mixed virtual/physical due to Covid restrictions.

1. WA Rheumatic Disease Epidemiologic Register (WARDER).

We currently have collaboration with ten different investigators on multiple aspects of rheumatic disease in WA. Below is a schematic overview of projects and progress made.

a) Ankylosing spondylitis project:

- Study on mortality and causes of death for AS patients in WA published (J Rheum).
- Study on the impact of biological therapy for AS on hospital admission rates and health care cost in WA published (Rheum Ther).
- AS coding validation study (M Isbel) completed – manuscript submitted.

b) IgA vasculitis project:

- Project is now considered complete and already receiving multiple citations in the literature.

c) Rheumatoid Arthritis (RA) project:

- Study on the impact of biological therapy for RA and hospital admission/costs published.
- Study on RA prevalence in WA published (BMC Rheumatology).
- Study on mortality and comorbid conditions in RA in WA accepted for publication.
- Multiple virtual abstract presentations of the above projects (ARA, EULAR, ACR).

d) Gout project:

- Study on gout and health care utilisation in WA undergoing peer review.
- Study on mortality risk in gout patients in WA – on hold.
- Study on the risk of acute heart disease following gout flares presented at American Cardiology Congress – paper in press (ACR Open Rheumatology) paper under peer review.

e) Giant cell arteritis (GCA) project:

- Study on GCA prevalence and mortality risk – on hold.

f) Systemic Lupus Erythematosus project:

- Study on opportunistic infections in lupus (WARDER data) – published (Lupus journal).

g) Opportunistic Infections and Arthritis:

- Opportunistic infections in adults with arthritis in WA – a study published.
- Lupus and risk of opportunistic in WA.

h) Juvenile Arthritis:

- Study on JIA prevalence and hospitalisation trends in WA – in press.
- Study on systemic JIA prevalence and outcome in WA – in press.
- Study on risk factors for JIA – in progress

2. Perth Lupus Registry

An ongoing inter-hospital collaboration to collect clinical data in patients with SLE in order to study regional disease features and initiate translational projects:

- No new data was collected during the Covid pandemic, which is currently being resumed.
- 189 patients have now consented.
- HREC approval to 2025.
- ALR data sharing is not allowed by HREC SCGH.

Teaching

In the second year of the Doctor of Medicine course at UWA, students undergo a week-long teaching block focused on rheumatology. 'Rheumatology Week' is a well-established program that has been highly appreciated by medical students who receive teaching on how to examine the joints and interpret the findings by rheumatologists at the three public hospitals.

To supplement this program, a refresher seminar has been added in the final year of the MD study at UWA. This has been instrumental in attracting young doctors to specialise in rheumatology training in WA. However, more training opportunities are needed with increasing demand and a shortage of specialists in the coming years. In addition, the recent ARA and WA Health workforce surveys highlight the increasing gap between service provision and requirements in Rheumatology, both in WA and nationwide.

Postgraduate Supervision

Prof. Nossent supervised one PhD thesis in 2022 and is currently supervising a PhD student expected to complete their thesis in 2023. Additionally, two Rheumatology consultants have embarked on Master's research studies in Rheumatology at UWA under his guidance. Prof. Nossent also supervised a medical student who was awarded a high-achieving scholarship during their project.

Service

Prof. Nossent continues serving as an Advisory Board member to Lupus WA, now a subsidiary group under AOWA. He has also provided oral and written presentations for the Arthritis Foundation. In addition, Prof. Nossent serves on the Expert Advisory Group (EAG) for the Rheumatoid Arthritis e-learning Project, which aims to develop a modular-based, digital arthritis learning platform for health professionals that will be accessible to users at a national level and beyond.

Prof. Nossent's departmental duties at SCGH include clinics/ward rounds and trainee and medical student supervision. He provided four full-day rural clinics in Kalgoorlie and served as a reviewer for papers submitted to various scientific journals.

By emphasising the importance of training opportunities in Rheumatology, this report highlights the need to bridge the gap between service provision and requirements in the field. Furthermore, Prof. Nossent's contributions to the medical community demonstrate how continued education and service can lead to a more informed and healthy population.

Arthritis Australia's National Research Program

Along with education and assistance, Arthritis Australia spearheads the effort to further our knowledge of arthritis and to search for cures. Much of their work is directed toward raising funds to provide grants, fellowships and scholarships for research into arthritis and related conditions.

Arthritis Australia conducts an annual research grant program open to national and international researchers. Associate Professor Susanna Proudman is the Medical Director of Arthritis Australia, and Professor Graeme Jones is the Chair of the Arthritis Australia Research Grants Assessment Committee.

As well as their national research program, some State Affiliate offices provide financial support for local research projects and academic rheumatology initiatives.

On the next page is a list of just some of the research recipients in Western Australia:



ARTHRITIS AUSTRALIA NATIONAL RESEARCH PROGRAM 2022 RECIPIENTS

ARA Private Practice Grant

Funded by the Australian Rheumatology Association (ARA) Project Grant

Dr Ai Tran

University of Western Australia

Project: Antibody response to the Pfizer and AZ COVID vaccination in patients with immune mediated inflammatory disease. An extension study.

Project Grant & Scholarship

Funded by Arthritis WA, Arthritis NSW & the Estate of Suzette Gately-Project Grant

Assoc Prof Milena Simic

University of Sydney - Physiotherapy

Project: Gait retraining for people with knee osteoarthritis.

Grant-In-Aid

Funded by Arthritis WA - Grant in Aid

Dr Hunter Bennett

University of South Australia

Project: Staying Strong: Improving Health for Rheumatoid Arthritis using blood flow restriction

Janssen - Aboriginal & Torres Strait Islander Fellowship

Funded by Janssen - Aboriginal and Torres Strait Islander fellowship

Ms Penny O'Brien

Department of Surgery - St Vincent's Hospital Melbourne

Project: Staying Moving, Staying Strong. Evaluating culturally adapted health information resources for Aboriginal and Torres Strait Islander people living with arthritis.



Scientific papers published in 2022

(all papers acknowledge the support provided by AOWA)

Almutairi, K., Inderjeeth, C., Preen, D.B. et al. The prevalence of rheumatoid arthritis in Western Australia. *BMC Rheumatol* 6, 93 (2022). <https://doi.org/10.1186/s41927-022-00324-5>

Almutairi K, Nossent J, Preen DB, Keen H, Inderjeeth C. The temporal association between hospital admissions, biological therapy usage and direct health care costs in rheumatoid arthritis patients. *Rheumatol Int*. 2022 Nov;42(11):2027-2037. doi: 10.1007/s00296-021-04985-2. Epub 2021 Sep 18. PMID: 34536090.

Kelty E, Ognjenovic M, Raymond WD, Inderjeeth CA, Keen HI, Preen DB, Nossent JC. Mortality Rates in Patients With Ankylosing Spondylitis With and Without Extraarticular Manifestations and Comorbidities: A Retrospective Cohort Study. *J Rheumatol*. 2022 Jul;49(7):688-693. doi: 10.3899/jrheum.210909. Epub 2022 Apr 15. PMID: 35428706. PMC8814256.

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Nossent J, Keen H, Preen DB, Inderjeeth CA. Temporal trends in hospitalisation for opportunistic infections in lupus patients in Western Australia. *Lupus*. 2022 Oct;31(12):1434-1440. doi: 10.1177/09612033221115965. Epub 2022 Jul 15. PMID: 35839098.

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AJ SMITH SOCIETY

For more information, visit

www.arthritiswa.org.au or call 1800 011 041



Of jobs still to do...

You've lived well, raised several kids, enjoyed the many grandchildren they have produced, wrung your hands many times worrying about their education, a boyfriend or three, you've been careful with money, invested a little, and yet there are jobs still to do.

As it is for so many of us, the end of our life looms. Hopefully, it's still a decade or more away, and so you put off preparing for your demise, having faith in the family to resolve things equitably, relying on their expressed sense of sharing, love, friendship and goodwill. Except in real life, it often turns out otherwise.

In real life, there are jobs you really must do...

First, is to write a Will, an instruction to others as to how you want all your worldly assets shared and with whom. This can be as simple as... "I leave everything I own to my wife or husband" or to detail exactly who gets how much money and which piece of antique silverware, jewellery, or real estate. It's for you to decide.

Second, is to update often, whatever it is you decide. A Will may be out-of-date as soon as it is signed. New children and grandchildren arrive, some marry or divorce, and some sadly meet their demise.

Third, is to consider friends to whom you might wish to give some portion of your estate. Friends, not being family, must be named in your Will if they are to share as per your wishes. Charities too must be named if you seek to support a charity that has been a lifelong recipient of your philanthropy, which reminds me to ask if...

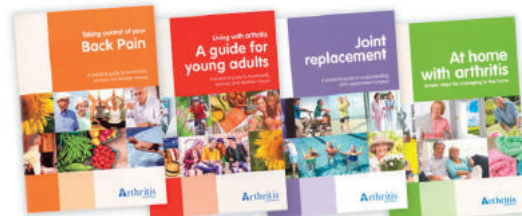
You might leave a bequest to help advance our efforts to find the cause of arthritis, to help limit the damage caused by arthritis and all its nasty cousins.

Give a gift in your Will to the Arthritis Foundation of WA Incorporated.

Gifts you give to the Arthritis Foundation of WA are used to help advance the health and wellbeing of those who live with arthritis, osteoporosis or any of the related bone and joint diseases that can be so damaging, so painful, and so disabling.

If you choose to leave a bequest to the Foundation, please let us know, as the pleasures of philanthropy are multiplied many times when our mutual delight can be shared with you in life rather than with your memories.

PUBLICATIONS



AOWA endeavours to provide high-quality publications and educational resources to inform those living with musculoskeletal conditions.

Arthritis Today Magazine

A high-quality magazine with a circulation of 10,000 per issue. This 36-page magazine is published three times per year and delivered to subscribers, health professionals, medical centres and community organisations. It includes articles from local health professionals, the latest research news, information on diet, nutrition, medications and treatments, consumer health programs and support services, seminars and special events.

Arthritis- eNews

A monthly digital newsletter informs 9,800 subscribers of the latest research news, clinical trials, consumer health programs and services, free consumer resources, seminars, talks, and special events.

Information Booklets and Fact Sheets

Our printed resources are accessible to the community and cover most of the 100+ bone and joint disease types. We also provide multicultural information fact sheets in Arabic, Chinese, Croatian, Greek, Italian, Korean, Macedonian, Persian, Spanish and Vietnamese.

Promotional Campaigns

A range of health campaigns for bone and joint disease is promoted and disseminated through printed and digital media. AOWA had a dedicated monthly radio segment this year during Jenny Seaton's Curtin Radio 100.1 FM afternoon program. In 2022, nine programs went live to air, discussing the various aspects of musculoskeletal conditions with local and national experts, allowing listeners to phone the studio and have their questions answered.

Social Media

AOWA has a presence on several social media platforms, including Twitter, YouTube, Instagram and Facebook, with an engaging community of over 10,000 followers.

Website

Our website provides an overview of our health programs and services. It is a valuable information resource that includes articles written by local and national health professionals, videos, podcasts, downloadable content, and personal stories from people living with musculoskeletal conditions.

FINANCIAL MANAGEMENT



ARTHRITIS FOUNDATION OF W.A. INCORPORATED

ABN 43 390 598 024

Financial Report

For the year ended 31 December 2022

C O N T E N T S

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ARTHRITIS FOUNDATION OF W.A. INCORPORATED

STATEMENT BY THE BOARD OF MANAGEMENT

In the opinion of the Board of Management of the Arthritis Foundation of W.A. Incorporated ("the Foundation") the financial report as set out on pages 6 to 26:

- (i) The attached financial statements and notes give a true and fair view of the Arthritis Foundation of WA Incorporated (the "Foundation") as at 31 December 2022 and of its performance for the financial year ended on that date;
- (ii) The attached financial statements and notes comply with the Accounting Standards, the *Associations Incorporations Act 2015*, the *Australian Charities and Australian Not-for-profits Commission Act 2012* and the *Charitable Collections Act 1946 (WA)* and associated regulations;
- (iii) The attached financial statements and notes comply with International Financial Reporting Standards as issued by the International Accounting Standards Board;
- (iv) The operations of the Foundation have been carried out in accordance with the Constitution of the Foundation; and
- (v) There are reasonable grounds to believe that the Foundation will be able to pay its debts as and when they become due and payable.

Signed in accordance with a resolution of the Board of Management by:



President



Board Member

Dated: 6 April 2023
Perth, Western Australia

AUDITOR'S INDEPENDENCE DECLARATION

As lead auditor for the audit of the consolidated financial report of Arthritis Foundation of W.A. Incorporated for the year ended 31 December 2022, I declare that to the best of my knowledge and belief, there have been no contraventions of:

- a) the auditor independence requirements of the *Associations Incorporation Act 2015 (WA)* and *Australian Charities and Not-for-profits Commission Act 2012* in relation to the audit; and
- b) any applicable code of professional conduct in relation to the audit.



Perth, Western Australia
6 April 2023

L Di Giallonardo
Partner

hlb.com.au

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INDEPENDENT AUDITOR'S REPORT

To the Members of Arthritis Foundation of W.A. Incorporated

Opinion

We have audited the financial report of Arthritis Foundation of W.A. Incorporated ("the Foundation") which comprises the statement of financial position as at 31 December 2022 the statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the declaration by the board of management.

In our opinion, the accompanying financial report of the Foundation is in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012* including:

- a) giving a true and fair view of the Foundation's financial position as at 31 December 2022 and of its financial performance and cash flows for the year then ended; and
- b) complying with Australian Accounting Standards and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Foundation in accordance with the auditor independence requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants* ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Information other than the financial report and auditor's report thereon

The board of management is responsible for the other information. The other information comprises the information included in the Foundation's annual report for the year ended 31 December 2022, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report, or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

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Responsibilities of the board of management for the financial report

The board of management of the Foundation is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and Division 60 of the *Australian Charities and Not-for-profits Commission Regulations 2013* and for such internal control as the board of management determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the board of management is responsible for assessing the ability of the Foundation to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the board of management either intends to liquidate the Foundation or to cease operations, or has no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Foundation's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the board of management.
- Conclude on the appropriateness of the board of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Foundation's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Foundation to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the board of management regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the board of management with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

Report on the requirements of the Charitable Collections Act (1946) (WA) and the Charitable Collections Regulations (1947) (WA)

Opinion

We have audited the financial report of the Foundation, as required by the *Charitable Collections Act (1946) (WA)* and the *Charitable Collections Regulations (1947) (WA)*.

In our opinion

- a) The financial report of the Foundation has been properly prepared, and the associated records have been properly kept for the year ended 31 December 2022, in accordance with the *Charitable Collections Act (1946) (WA)* and the *Charitable Collections Regulations (1947) (WA)*; and
- b) Funds received as a result of fundraising activities conducted during the year ended 31 December 2022 have been properly accounted for and applied in accordance with the *Charitable Collections Act (1946) (WA)* and the *Charitable Collections Regulations (1947) (WA)*.

Auditor's Responsibilities

Our procedures included obtaining an understanding of the internal control structure for fundraising appeal activities and examination, on a test basis, of evidence supporting compliance with the accounting and associated record keeping requirements for fundraising activities pursuant to the *Charitable Collections Act (1946) (WA)* and the *Charitable Collections Regulations (1947) (WA)*.

Because of the inherent limitations of any assurance engagement, it is possible that fraud, error or non-compliance may occur and not be detected. An audit is not designed to detect all instances of non-compliance with the requirements described in the abovementioned Acts and Regulations as an audit is not performed continuously throughout the period and the audit procedures performed in respect of compliance with these requirements are undertaken on a test basis. The audit opinion expressed in this report has been formed on the above basis.



HLB Mann Judd
Chartered Accountants

Perth, Western Australia
6 April 2023



L Di Giallonardo
Partner

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

STATEMENT OF COMPREHENSIVE INCOME

For the year ended 31 December 2022

	NOTE	2022 \$	2021 \$
OPERATIONAL ITEMS			
Revenue	3	3,342,620	3,413,054
<i>Expenses:</i>			
Branches and community support groups		(139,322)	(170,465)
Education		(676,673)	(742,547)
Administration		(197,501)	(208,499)
Health services		(945,879)	(930,554)
Fundraising and public relations		(743,163)	(699,506)
Research		(94,549)	(204,249)
Surplus from operational items	4	<u>545,533</u>	<u>457,234</u>
NON-OPERATIONAL ITEMS			
Net fair value gain on investment properties	11	30,000	-
Net fair value gain/(loss) on financial assets at fair value through profit or loss	4(a)	(1,540,016)	1,277,901
Loss from non-operational items		<u>(1,510,016)</u>	<u>1,277,901</u>
Net (deficit)/surplus before income tax expense		<u>(964,483)</u>	<u>1,735,135</u>
Income tax expense	1(b)	-	-
(Deficit)/surplus after income tax expense		<u>(964,483)</u>	<u>1,735,135</u>
Total other comprehensive income		-	-
Total comprehensive (deficit)/surplus for the year		<u><u>(964,483)</u></u>	<u><u>1,735,135</u></u>

The accompanying notes form part of these financial statements

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

STATEMENT OF FINANCIAL POSITION

As at 31 December 2022

	NOTE	2022 \$	2021 \$
CURRENT ASSETS			
Cash and cash equivalents	5	1,025,575	691,944
Financial assets	6	2,452,260	2,835,111
Trade and other receivables	7	79,180	43,238
Other current assets	8	140,681	101,208
TOTAL CURRENT ASSETS		<u>3,697,696</u>	<u>3,671,501</u>
NON-CURRENT ASSETS			
Financial assets at fair value through profit or loss	9	11,679,891	13,130,022
Property, plant and equipment	10	1,215,174	1,285,299
Investment properties	11	580,000	550,000
Right-of-use asset	12	10,024	28,694
TOTAL NON-CURRENT ASSETS		<u>13,485,089</u>	<u>14,994,015</u>
TOTAL ASSETS		<u>17,182,785</u>	<u>18,665,516</u>
CURRENT LIABILITIES			
Trade and other payables	13	145,831	450,045
Contract liabilities	14	136,313	204,591
Provisions	15	550,155	473,609
Lease liabilities		10,480	29,522
TOTAL CURRENT LIABILITIES		<u>842,779</u>	<u>1,157,767</u>
NON-CURRENT LIABILITIES			
Provisions	15	110,934	314,194
TOTAL NON-CURRENT LIABILITIES		<u>110,934</u>	<u>314,194</u>
TOTAL LIABILITIES		<u>953,713</u>	<u>1,471,961</u>
NET ASSETS		<u>16,229,072</u>	<u>17,193,555</u>
EQUITY			
Accumulated funds			
Unrestricted funds		1,866,668	2,849,355
Restricted funds	16	6,965,803	8,844,200
Designated funds	17	7,396,601	5,500,000
TOTAL EQUITY		<u>16,229,072</u>	<u>17,193,555</u>

The accompanying notes form part of these financial statements

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

STATEMENT OF CHANGES IN EQUITY

For the year ended 31 December 2022

	Restricted Funds	Designated Funds	Unrestricted Funds	Total
	\$	\$	\$	\$
Balance at 1 January 2021	8,249,599	1,900,000	5,308,821	15,458,420
Surplus after income tax expense	-	-	1,735,135	1,735,135
Other comprehensive income, net of tax	-	-	-	-
Total comprehensive income for the year	-	-	1,735,135	1,735,135
Transfers between equity categories	594,601	3,600,000	(4,194,601)	-
Balance at 31 December 2021	8,844,200	5,500,000	2,849,355	17,193,555
Balance at 1 January 2022	8,844,200	5,500,000	2,849,355	17,193,555
Deficit after income tax expense	-	-	(964,483)	(964,483)
Other comprehensive income, net of tax	-	-	-	-
Total comprehensive deficit for the year	-	-	(964,483)	(964,483)
Transfers between equity categories	(1,878,397)	1,896,601	(18,204)	-
Balance at 31 December 2022	6,965,803	7,396,601	1,866,668	16,229,072

The accompanying notes form part of these financial statements

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

STATEMENT OF CASH FLOWS

For the year ended 31 December 2022

	NOTE	2022 \$	2021 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from operations		2,679,388	2,710,720
Payments to suppliers and employees		(3,167,016)	(2,710,958)
Interest received		35,660	12,254
Dividends and trust distributions received		554,301	574,306
Interest paid		(839)	-
Net cash provided by operating activities	18(a)	101,494	586,322
CASH FLOWS FROM INVESTING ACTIVITIES			
Payments for plant and equipment		(41,787)	(74,077)
Payments for financial assets at fair value through profit or loss		(224,989)	(510,836)
Proceeds from sale of financial assets at fair value through profit or loss		135,104	1,274,707
Net cash provided (used in)/provided by investing activities		(131,672)	689,794
CASH FLOWS FROM FINANCING ACTIVITIES			
Repayment of lease liabilities		(19,042)	(22,936)
Net cash (used in) financing activities		(19,042)	(22,936)
Net (decrease)/increase in cash and cash equivalents		(49,220)	1,253,180
Cash and cash equivalents at the beginning of the financial year		3,527,055	2,273,875
Cash and cash equivalents at the end of the financial year	18(b)	3,477,835	3,527,055

The accompanying notes form part of these financial statements

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

The financial statements cover the Arthritis Foundation of W.A. Incorporated ("the Foundation") as an individual entity. The financial statements are presented in Australian dollars, which is the Foundation's functional and presentation currency. The Foundation is a not-for-profit entity that is incorporated in Western Australia under the *Associations Incorporation Act 2015*.

The financial statements were authorised for issue on 12 April 2023.

The principal accounting policies adopted in the preparation of the financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

New, revised or amending Accounting Standards and Interpretations adopted

The Foundation has adopted all of the new, revised or amending Accounting Standards and Interpretations issued by the Australian Accounting Standards Board ('AASB') that are mandatory for the current reporting period.

The Board has also reviewed all of the new and revised Standards and Interpretations in issue not yet adopted for the year ended 31 December 2022 and determined that there is no material impact of the Standards and Interpretations in issue not yet adopted on the Foundation and, therefore, no change is necessary to accounting policies.

Basis of preparation

These general purpose financial statements have been prepared in accordance with Australian Accounting Standards and Interpretations issued by the Australian Accounting Standards Board ('AASB'), the *Associations Incorporation Act 2015*, the *Australian Charities and Not-for-profits Commission Act 2012* and the *Charitable Collections Act 1946 (WA)* and associated regulations, as appropriate for not-for-profit oriented entities. These financial statements also comply with International Financial Reporting Standards as issued by the International Accounting Standards Board ('IASB').

Historical cost convention

The financial statements have been prepared under the historical cost convention.

Critical accounting estimates

The preparation of the financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the Foundation's accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements, are disclosed in note 2.

(a) Revenue recognition

The Foundation recognises revenue as follows:

Revenue from contracts with customers

Revenue is recognised at an amount that reflects the consideration to which the Foundation is expected to be entitled in exchange for transferring goods or services to a customer. For each contract with a customer, the Foundation: identifies the contract with a customer; identifies the performance obligations in the contract; determines the transaction price which takes into account estimates of variable consideration and the time value of money; allocates the transaction price to the separate performance obligations on the basis of the relative stand-alone selling price of each distinct good or service to be delivered; and recognises revenue when or as each performance obligation is satisfied in a manner that depicts the transfer to the customer of the goods or services promised.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

Sales revenue

Events, fundraising and raffles are recognised when received or receivable.

Donations

Donations are recognised at the time the pledge is made. Except for when a donation gives rise to related amounts of a contribution by owners, lease liability, financial liability or a provision.

Grants

Grant revenue is recognised in profit or loss when the Foundation satisfies the performance obligations stated within the funding agreements.

If conditions are attached to the grant which must be satisfied before the company is eligible to retain the contribution, the grant will be recognised in the statement of financial position as a liability until those conditions are satisfied.

Interest

Interest revenue is recognised as interest accrues using the effective interest method. This is a method of calculating the amortised cost of a financial asset and allocating the interest income over the relevant period using the effective interest rate, which is the rate that exactly discounts estimated future cash receipts through the expected life of the financial asset to the net carrying amount of the financial asset.

(a) Revenue recognition

Dividend

Dividend revenue is recognised when the right to receive a dividend has been received.

Other revenue

Other revenue is recognised when it is received or when the right to receive payment is established.

Volunteer services

The Foundation has elected not to recognise volunteer services as either revenue or other form of contribution received. As such, any related consumption or capitalisation of such resources received is also not recognised.

(b) Income tax

The Foundation is exempt from income tax under the provisions of Section 50-5 of the Income Tax Assessment Act 1997 as a charitable institution and holds deductible gift recipient status.

(c) Allocation of expenses

The Foundation reports its expenditure on a functional basis and accordingly, classifies its expenditure to specific programme services which describe the Foundation's social service activities and supporting services. Additionally, there is an expense classification of Administration in respect of expenditure of an administrative and general nature that is incurred and is not identifiable with a single programme but is indispensable to the conduct of those activities and to the Foundation's existence.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

(d) Fund accounting

On occasions the Foundation may receive resources restricted for particular purposes. To facilitate observance of these limitations, the financial statements list separately those funds which are restricted or designated and those funds which are unrestricted. Restricted funds are those funds presently available for use, but expendable only for operating purposes specified by the donor or by statute. When the Board specifies a purpose for the expenditure of funds, where none has been stated by the original donor, such funds are classified as designated funds.

Unrestricted funds are those funds presently available for use by the Foundation at the discretion of the Board.

(e) Current and non-current classification

Assets and liabilities are presented in the statement of financial position based on current and non-current classification.

An asset is classified as current when: it is either expected to be realised or intended to be sold or consumed in the Foundation's normal operating cycle; it is held primarily for the purpose of trading; it is expected to be realised within 12 months after the reporting period; or the asset is cash or cash equivalent unless restricted from being exchanged or used to settle a liability for at least 12 months after the reporting period. All other assets are classified as non-current.

A liability is classified as current when: it is either expected to be settled in the Foundation's normal operating cycle; it is held primarily for the purpose of trading; it is due to be settled within 12 months after the reporting period; or there is no unconditional right to defer the settlement of the liability for at least 12 months after the reporting period. All other liabilities are classified as non-current.

(f) Cash and cash equivalents

Cash and cash equivalents include cash on hand, deposits held at call with financial institutions, other short-term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value.

(g) Trade and other receivables

Other receivables are recognised at amortised cost, less any provision for expected credit loss.

(h) Property, plant and equipment

Buildings and plant and equipment are measured on the cost basis less depreciation, and any accumulated impairment. Historical cost includes expenditure that is directly attributable to the acquisition of the items.

Depreciation is calculated on a reducing balance method for plant and equipment and straight-line method for land and building over their expected useful lives. The depreciation rates used for each class of asset are as follows:

	Depreciation rate
Plant and equipment	7.5–30%
Building	2.0%

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

(h) Property, plant and equipment (Cont.)

The residual values, useful lives and depreciation methods are reviewed, and adjusted if appropriate, at each reporting date. An item of property, plant and equipment is derecognised upon disposal or when there is no future economic benefit to the Foundation. Gains and losses between the carrying amount and the disposal proceeds are taken to profit or loss.

(i) Investment properties

Investment properties principally comprise of freehold land and buildings held for long-term rental and capital appreciation that are not occupied by the Foundation. Investment properties are initially recognised at cost, including transaction costs, and are subsequently remeasured annually at fair value. Movements in fair value are recognised directly to profit or loss.

Investment properties are derecognised when disposed of or when there is no future economic benefit expected.

Transfers to and from investment properties to property, plant and equipment are determined by a change in use of owner-occupation. The fair value on the date of change of use from investment properties to property, plant and equipment are used as deemed cost for the subsequent accounting. The existing carrying amount of property, plant and equipment is used for the subsequent accounting cost of investment properties on the date of change of use.

Investment properties also include properties under construction for future use as investment properties. These are carried at fair value, or at cost where fair value cannot be reliably determined and the construction is incomplete.

(j) Right of use asset

A right-of-use asset is recognised at the commencement date of a lease. The right-of-use asset is measured at cost, which comprises the initial amount of the lease liability, adjusted for, as applicable, any lease payments made at or before the commencement date net of any lease incentives received, any initial direct costs incurred, and, except where included in the cost of inventories, an estimate of costs expected to be incurred for dismantling and removing the underlying asset, and restoring the site or asset.

Right-of-use assets are depreciated on a straight-line basis over the unexpired period of the lease or the estimated useful life of the asset, whichever is the shorter. Where the Foundation expects to obtain ownership of the leased asset at the end of the lease term, the depreciation is over its estimated useful life. Right-of use assets are subject to impairment or adjusted for any remeasurement of lease liabilities.

The Foundation has elected not to recognise a right-of-use asset and corresponding lease liability for short-term leases with terms of 12 months or less and leases of low-value assets. Lease payments on these assets are expensed to profit or loss as incurred.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

(k) Impairment of non-financial assets

Non-financial assets are reviewed for impairment whenever events or changes in circumstances indicate that the carrying amount may not be recoverable. An impairment loss is recognised for the amount by which the asset's carrying amount exceeds its recoverable amount.

Recoverable amount is the higher of an asset's fair value less costs of disposal and value-in-use. The value-in-use is the present value of the estimated future cash flows relating to the asset using a pre-tax discount rate specific to the asset or cash-generating unit to which the asset belongs. Assets that do not have independent cash flows are grouped together to form a cash-generating unit.

(l) Trade and other payables

These amounts represent liabilities for goods and services provided to the Foundation prior to the end of the financial year and which are unpaid. Due to their short-term nature they are measured at amortised cost and are not discounted. The amounts are unsecured and are usually paid within 30 days of recognition.

(m) Contract liabilities

Contract liabilities represent the Foundation's obligation to transfer goods or services to a customer and are recognised when a customer pays consideration, or when the Foundation recognises a receivable to reflect its unconditional right to consideration (whichever is earlier) before the Foundation has transferred the goods or services to the customer.

(n) Provisions

Provisions are recognised when the Foundation has a present (legal or constructive) obligation as a result of a past event, it is probable the Foundation will be required to settle the obligation, and a reliable estimate can be made of the amount of the obligation. The amount recognised as a provision is the best estimate of the consideration required to settle the present obligation at the reporting date, taking into account the risks and uncertainties surrounding the obligation. If the time value of money is material, provisions are discounted using a current pre-tax rate specific to the liability. The increase in the provision resulting from the passage of time is recognised as a finance cost.

(o) Employee benefits

Provision is made for the Foundation's liability for employee benefits arising from services rendered by employees to balance date. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled, plus related on-costs. Employee benefits payable later than one year have been measured at the present value of the estimated future cash outflows to be made for those benefits.

Contributions to defined contribution superannuation plans are expensed in the period in which they are incurred.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

(p) Lease Liability

A lease liability is recognised at the commencement date of a lease. The lease liability is initially recognised at the present value of the lease payments to be made over the term of the lease, discounted using the interest rate implicit in the lease or, if that rate cannot be readily determined, the Foundation's incremental borrowing rate. Lease payments comprise of fixed payments less any lease incentives receivable, variable lease payments that depend on an index or a rate, amounts expected to be paid under residual value guarantees, exercise price of a purchase option when the exercise of the option is reasonably certain to occur, and any anticipated termination penalties. The variable lease payments that do not depend on an index or a rate are expensed in the period in which they are incurred.

Lease liabilities are measured at amortised cost using the effective interest method. The carrying amounts are remeasured if there is a change in the following: future lease payments arising from a change in an index or a rate used; residual guarantee; lease term; certainty of a purchase option and termination penalties. When a lease liability is remeasured, an adjustment is made to the corresponding right-of-use asset, or to profit or loss if the carrying amount of the right-of-use asset is fully written down.

(q) Financial Instruments

Financial assets

Investments and other financial assets are initially measured at fair value. Transaction costs are included as part of the initial measurement, except for financial assets at fair value through profit or loss. Such assets are subsequently measured at either amortised cost or fair value depending on their classification. Classification is determined based on both the business model within which such assets are held and the contractual cash flow characteristics of the financial asset unless, an accounting mismatch is being avoided.

Financial assets are derecognised when the rights to receive cash flows have expired or have been transferred and the Foundation has transferred substantially all the risks and rewards of ownership. When there is no reasonable expectation of recovering part or all of a financial asset, its carrying value is written off.

Financial assets at fair value through profit or loss

Financial assets not measured at amortised cost or at fair value through other comprehensive income are classified as financial assets at fair value through profit or loss. Typically, such financial assets will be either: (i) held for trading, where they are acquired for the purpose of selling in the short-term with an intention of making a profit, or a derivative; or (ii) designated as such upon initial recognition where permitted. Fair value movements are recognised in profit or loss.

Impairment of financial assets

The Foundation recognises a loss allowance for expected credit losses on financial assets which are either measured at amortised cost or fair value through other comprehensive income. The measurement of the loss allowance depends upon the Foundation's assessment at the end of each reporting period as to whether the financial instrument's credit risk has increased significantly since initial recognition, based on reasonable and supportable information that is available, without undue cost or effort to obtain.

Where there has not been a significant increase in exposure to credit risk since initial recognition, a 12-month expected credit loss allowance is estimated. This represents a portion of the asset's lifetime expected credit losses that is attributable to a default event that is possible within the next 12 months. Where a financial asset has become credit impaired or where it is determined that credit risk has

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (Cont.)

(q) Financial Instruments (Cont.)

increased significantly, the loss allowance is based on the asset's lifetime expected credit losses. The amount of expected credit loss recognised is measured on the basis of the probability weighted present value of anticipated cash shortfalls over the life of the instrument discounted at the original effective interest rate.

(r) Fair value measurement

When an asset or liability, financial or non-financial, is measured at fair value for recognition or disclosure purposes, the fair value is based on the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date; and assumes that the transaction will take place either: in the principal market; or in the absence of a principal market, in the most advantageous market.

Fair value is measured using the assumptions that market participants would use when pricing the asset or liability, assuming they act in their economic best interest. For non-financial assets, the fair value measurement is based on its highest and best use. Valuation techniques that are appropriate in the circumstances and for which sufficient data are available to measure fair value, are used, maximising the use of relevant observable inputs and minimising the use of unobservable inputs.

(s) Goods and Services Tax (GST)

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Tax Office. In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of the expense. Receivables and payables in the statement of financial position are shown inclusive of GST.

Cash flows are presented on a gross basis. The GST components of cash flows arising from investing or financing activities which are recoverable from, or payable to the tax authority, are presented as operating cash flows.

Commitments and contingencies are disclosed net of the amount of GST recoverable from, or payable to, the tax authority.

2. CRITICAL ACCOUNTING JUDGEMENTS ESTIMATES AND ASSUMPTIONS

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the reported amounts in the financial statements. Management continually evaluates its judgements and estimates in relation to assets, liabilities, contingent liabilities, revenue and expenses. Management bases its judgements, estimates and assumptions on historical experience and on other various factors, including expectations of future events, management believes to be reasonable under the circumstances. The resulting accounting judgements and estimates will seldom equal the related actual results. The judgements estimate and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities (refer to the respective notes) within the next financial year are discussed below.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

2. CRITICAL ACCOUNTING JUDGEMENTS ESTIMATES AND ASSUMPTIONS (Cont.)

Impairment

The Foundation assesses impairment at each reporting date by evaluating conditions specific to the Foundation that may lead to impairment of assets. Where an impairment trigger exists, the recoverable amount of the asset is determined. Value-in-use calculations performed in assessing recoverable amounts incorporate a number of key estimates.

Revenue from contracts with customers

When recognising revenue in relation to contracts with customers, involves a degree of judgement to be applied when determining whether a promise is 'sufficiently specific' or not. All conditions specified in the arrangements regarding the promised goods and services need to be considered (both explicit and implicit) including those regarding: The nature or type of goods or services, the cost or value of goods or services, the quantity of goods or services, and the period of time over which the goods or services must be transferred. Each promise is assessed separately to determine if it is 'sufficiently specific' enough to qualify as a performance obligation.

	2022 \$	2021 \$
3. REVENUE (*)		
Charitable support fundraising (**)	1,615,180	1,714,009
Fee for services	369,072	341,955
Grants	723,404	775,162
Interest income	35,660	12,254
Dividend income	554,301	470,786
Rental income	15,619	13,188
Job keeper rebate	-	73,500
Other revenue	29,384	12,200
	<u>3,342,620</u>	<u>3,413,054</u>

* Geographical region where revenue is sourced: Australia.

** Amount includes bingo income of \$370,133 (2021: \$313,768).

4. SURPLUS FROM OPERATIONAL ITEMS

Surplus from operational items includes the following specific expenses:

Depreciation and amortisation

Buildings and work in progress	56,328	57,000
Plant and equipment	55,584	20,734
Right-of-use asset	18,670	24,835
	<u>130,582</u>	<u>102,569</u>

Superannuation

Defined contributions superannuation expense	<u>127,596</u>	<u>112,090</u>
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ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

	2022	2021
	\$	\$
4a NON-OPERATIONAL ITEMS		
Net fair value gain on investment properties	30,000	-
Net fair value gain/(loss) on financial assets at fair value through profit or loss (Note 9)	(1,540,016)	1,277,901
	<u>(1,510,016)</u>	<u>1,277,901</u>
 5. CASH AND CASH EQUIVALENTS		
Cash on hand	630	395
Cash at bank	834,881	562,990
Cash on deposit	190,064	128,559
	<u>1,025,575</u>	<u>691,944</u>
 6. FINANCIAL ASSETS		
<u>Current</u>		
Fixed maturity deposits	<u>2,452,260</u>	<u>2,835,111</u>
 7. TRADE AND OTHER RECEIVABLES		
Trade receivables	78,480	42,538
Other receivables	700	700
	<u>79,180</u>	<u>43,238</u>
 8. OTHER CURRENT ASSETS		
Accrued interest	12,784	832
Franking credits due	64,556	36,933
Dividends due	13,374	15,619
Prepayments	42,323	42,893
GST receivable	7,644	4,931
	<u>140,681</u>	<u>101,208</u>
 9. FINANCIAL ASSETS - AT FAIR VALUE THROUGH PROFIT OR LOSS		
<u>Non-current</u>		
Shares in listed companies (Level 1)	3,068,452	3,441,208
Managed funds (Level 1)	4,912,882	5,658,461
Units in unlisted investment unit trusts (Level 2)	3,698,557	4,030,353
	<u>11,679,891</u>	<u>13,130,022</u>

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

9. AVAILABLE FOR SALE FINANCIAL INVESTMENTS (Cont.)

Reconciliation of the carrying values at the opening and closing of the current and previous financial years are set out below:

2022

	Shares in listed companies	Managed funds	Units in unlisted investment unit trusts	Total
	\$	\$	\$	\$
Opening carrying value	3,441,208	5,658,461	4,030,353	13,130,022
Additions	224,989	-	-	224,989
Disposal	(135,104)	-	-	(135,104)
Revaluation (loss) recognised in profit or loss	(268,143)	(940,077)	(331,796)	(1,540,016)
Other adjustment*	(194,498)	194,498	-	-
Closing carrying value	<u>3,068,452</u>	<u>4,912,882</u>	<u>3,698,557</u>	<u>11,679,891</u>

*Represents correction of allocation between managed funds and shares in listed entities.

2021

	Shares in listed companies	Managed funds	Units in unlisted investment unit trusts	Total
	\$	\$	\$	\$
Opening carrying value	2,290,129	5,873,182	3,644,959	11,808,270
Additions	864,556	325,590	-	1,190,146
Disposal	-	(967,515)	-	(967,515)
Revaluation gain recognised in profit or loss	286,523	427,204	385,394	1,099,121
Closing carrying value	<u>3,441,208</u>	<u>5,658,461</u>	<u>4,030,353</u>	<u>13,130,022</u>

Risk management

Balances as at 31 December 2022 include a portfolio of securities listed on the Australian Securities Exchange and units in unlisted unit trusts, the latter managed by professional investment managers. These investments are spread across a range of various industrial and geographical sectors in accordance with the Foundation's investment policy to reduce exposure to market price risk.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

	2022	2021
	\$	\$
10. PROPERTY, PLANT AND EQUIPMENT		
Buildings		
Lemnos Street, Shenton Park		
Cost	2,380,357	2,360,463
Accumulated depreciation	<u>(1,281,246)</u>	<u>(1,224,918)</u>
	<u>1,099,111</u>	<u>1,135,545</u>
Plant and equipment		
Cost	322,393	509,202
Accumulated depreciation	<u>(234,035)</u>	<u>(387,153)</u>
	<u>88,358</u>	<u>122,049</u>
Work in progress	27,705	27,705
Total property, plant and equipment	<u>1,215,174</u>	<u>1,285,299</u>

Reconciliation of the carrying values at the opening and closing of the current and previous financial years are set out below:

2022

	Buildings and work in progress	Plant and Equipment	Total
	\$	\$	\$
Opening carrying value	1,163,250	122,049	1,285,299
Additions	19,894	21,893	41,787
Depreciation expense	<u>(56,328)</u>	<u>(55,584)</u>	<u>(111,912)</u>
Closing carrying value	<u>1,126,816</u>	<u>88,358</u>	<u>1,215,174</u>

2021

	Buildings and work in progress	Plant and Equipment	Total
	\$	\$	\$
Opening carrying value	1,199,474	91,536	1,291,010
Additions	20,776	51,247	72,023
Depreciation expense	<u>(57,000)</u>	<u>(20,734)</u>	<u>(77,734)</u>
Closing carrying value	<u>1,163,250</u>	<u>122,049</u>	<u>1,285,299</u>

The Foundation's buildings and improvements are situated on Crown Land, and title was previously held through a Reserve and vested in the name of the Foundation, over which there was a reservation, which designated that the land must be used for the purpose of an "Arthritis Centre". During the year ended 31 December 2001, the Foundation applied for and was granted a Crown Grant in Trust title whereby the Foundation must continue to use the building and improvements as before, for the purpose of an "Arthritis Centre".

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

	2022	2021
	\$	\$
11. INVESTMENT PROPERTIES		
Land and buildings	<u>580,000</u>	<u>550,000</u>
Reconciliation of the carrying values at the opening and closing of the current and previous financial years are set out below:		
Opening carrying value	550,000	1,200,000
Disposals	-	(650,000)
Revaluation gain recognised in profit or loss	<u>30,000</u>	<u>-</u>
Closing carrying value	<u>580,000</u>	<u>550,000</u>
12. RIGHT-OF-USE ASSET		
Motor vehicles		
Cost	64,655	64,655
Accumulated Amortisation	<u>(54,631)</u>	<u>(35,961)</u>
	<u>10,024</u>	<u>28,694</u>
The Foundation leases a motor vehicle under an agreement of more than one year but less than two years.		
13. TRADE AND OTHER PAYABLES		
Trade creditors	40,807	109,241
Other accruals and payables	<u>105,024</u>	<u>340,804</u>
	<u>145,831</u>	<u>450,045</u>
14. CONTRACT LIABILITIES		
Contract liabilities	<u>136,313</u>	<u>204,591</u>
15. PROVISIONS		
Current		
Employee benefits	159,771	163,609
Funding for research	<u>390,384</u>	<u>310,000</u>
	550,155	473,609
Non-current		
Employee benefits	25,895	54,666
Funding for research	<u>85,039</u>	<u>259,528</u>
	110,934	314,194
Total provisions	<u>661,089</u>	<u>787,803</u>

Employee benefits

The provisions represent the present value of employee annual leave and long service leave.

Funding for research

The provision relates to constructive obligations the Foundation has created to provide funding for the purposes of research. This funding relates to the Foundations total cost of supporting the Professor in Rheumatology and a Research Officer at the University of WA for a period of five years until 30 June 2024.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

	Notes	2022 \$	2021 \$
16. RESTRICTED FUNDS			
<i>Funds restricted by Donors</i>	1(d)		
Education		293,000	293,000
Research		1,975,150	1,625,150
Statutory (Lemnos Street Building)		969,096	969,096
Charitable trusts		3,698,557	4,030,353
Lupus Group		30,000	30,000
Chair Rheumatology & Musculoskeletal Medicine		-	1,896,601
		<u>6,965,803</u>	<u>8,844,200</u>
17. DESIGNATED FUNDS			
<i>Funds restricted by Board</i>	1(d)		
Building maintenance		1,500,000	1,500,000
Research		2,000,000	2,000,000
Capital Resource Centre		2,000,000	2,000,000
Chair Rheumatology & Musculoskeletal Medicine		1,896,601	-
		<u>7,396,601</u>	<u>5,500,000</u>
18. NOTES TO THE STATEMENT OF CASH FLOWS			
(a) Reconciliation of net cash provided by operating activities to net (deficit)/surplus:			
(Deficit)/surplus after income tax expense for the year		(964,483)	1,735,135
Adjustments for:			
Depreciation and amortisation expense		130,582	102,569
Net fair value gain on investment properties		(30,000)	-
Net fair value loss on financial assets at fair value through profit or loss		1,540,016	(1,277,901)
Profit on disposal of investment property		-	(157,722)
Movements in assets and liabilities:			
Trade and other receivables		(35,942)	(4,103)
Other current assets		(39,472)	50,719
Trade and other payables		(372,493)	139,391
Contract liabilities		-	164,039
Provisions		(126,714)	(165,805)
Net cash provided by operating activities		<u>101,494</u>	<u>586,322</u>

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

18. NOTES TO THE STATEMENT OF CASH FLOWS (Cont.) (b) Reconciliation of cash

Cash at the end of the financial year, as shown in the statement of cash flows is reconciled to items in the statement of financial position as follows:

Cash and cash equivalents (Note 5)	1,025,575	691,944
Fixed maturity deposits (Note 6)	<u>2,452,260</u>	<u>2,835,111</u>
Net cash provided by operating activities	<u><u>3,477,835</u></u>	<u><u>3,527,055</u></u>

19. FINANCIAL INSTRUMENTS

Financial risk management

The main risks arising from the Foundation's financial instruments are interest rate risk, liquidity risk, credit risk and market price risk. The Foundation does not hold financial instruments denominated in foreign currencies and does not use derivative instruments to manage risks associated with its financial instruments.

The Foundation's policies for managing each of these risks are summarised below. The policies are subject to Board approval and are reviewed regularly.

(a) Interest rate risk

The Foundation is not exposed to any significant interest rate risk.

(b) Liquidity risk

The Foundation manages liquidity risk by monitoring forecast cash flows and ensuring that adequate liquid funds are maintained.

When necessary, cash for unforeseen events may be sourced from liquidation of available-for-sale financial investments. It is Foundation investment policy that 50% of total investment must be liquefiable within 14 days.

Remaining contractual maturities

The following tables detail the Foundation's remaining contractual maturity for its financial instrument liabilities. The tables have been drawn up based on the undiscounted cash flows of financial liabilities based on the earliest date on which the financial liabilities are required to be paid. The tables include both interest and principal cash flows disclosed as remaining contractual maturities and therefore these totals may differ from their carrying amount in the statement of financial position.

2022

	Weighted average interest rate %	1 year or less \$	Between 1 and 2 years \$	Between 2 and 5 years \$	Over 5 years \$	Remaining contractual maturities \$
Non-derivative						
<i>Non- interest bearing</i>						
Trade and other payables	-	145,831	-	-	-	-
		<u>145,831</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

19. FINANCIAL INSTRUMENTS (Cont.)

2021

	Weighted average interest rate %	1 year or less \$	Between 1 and 2 years \$	Between 2 and 5 years \$	Over 5 years \$	Remaining contractual maturities \$
Non-derivative						
<i>Non- interest bearing</i>						
Trade and other payables	-	450,045	-	-	-	-
		450,045	-	-	-	-

(c) Credit risk

The Foundation is exposed to credit risk in respect of funds deposited with banks and other financial institutions.

Funds are deposited only with those banks and financial institutions approved by the Board. Such approval is only given in respect of banks that hold an A1 rating from Standard and Poor's.

At the reporting date, the Foundation does not have any material credit risk exposures to any single bank or financial institution.

(d) Market price risk

Market price risk is the risk that the Foundation's operations will be adversely affected by a significant adverse fluctuation on the value of its financial assets at fair value through profit or loss. The Foundation has engaged a licensed investment advisor to advise on the management of its investment portfolio. The Board has approved risk and return parameters for investment in its financial assets at fair value through profit or loss and receives reports from management and its licensed investment advisor on a monthly basis regarding the performance of the investment portfolio.

Market price sensitivity

At 31 December 2022, if market prices had changed by +/- 15%, with all other variables held constant, the net assets for the year and equity would have been \$2,434,361 higher/lower (2021: \$2,579,033 higher/lower).

(e) Fair value of financial instruments

Unless stated otherwise the carrying amounts of financial instruments reflect their fair value.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

20. KEY MANAGEMENT PERSONNEL DISCLOSURES

Compensation

The aggregate compensation made to members of the Board of Management and other key management personnel of the Foundation is set out below:

	2022 \$	2021 \$
Short-term employee benefits	304,852	365,036
Post-employment benefits	40,251	65,243
	<u>345,103</u>	<u>430,279</u>

21. REMUNERATION OF AUDITORS

During the financial year the following fees were paid or payable for services provided by HLB Mann Judd - WA Partnership, the auditor of the Foundation:

Audit services – HLB Mann Judd (WA) Partnership

Audit of the financial statements	<u>15,600</u>	<u>14,000</u>
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22. RELATED PARTY INFORMATION

Members of the board of management

The names of the members of the Board of Management, who serve in a voluntary capacity and are not remunerated, in office during any part of the year were:

Dr Jack Edelman – President
Dr Irene Dagmar Froyland – Vice President
Dr Silvia Caratti – Honorary Treasurer
Dr Charles Inderjeeth – Member
Mr Bradley Gordon – Member
Ms Anita Clayton – Member
Dr Joe Kosterich – Member
Mr Bill Cox – Member

Key management personnel

Disclosures relating to key management personnel are set out in Note 20.

Transactions with related parties

There were no transactions with related parties during the current and previous financial year.

Receivable from and payable to related parties

There were no trade receivables from or trade payables to related parties at the current and previous reporting dates.

Loans to/from related parties

There were no loans to or from related parties at the current and previous reporting dates.

ARTHRITIS FOUNDATION OF W.A. INCORPORATED

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 December 2022

23. BEQUESTS AND LEGACIES NOT YET RECORDABLE

The Foundation is the beneficiary of certain bequests and legacies and a donation, under various wills of deceased benefactors and an agreement respectively, the total realisable amount of which is not presently determinable. Such amounts will be recorded when clear title is established, and the proceeds are measurable.

24. CONTINGENT LIABILITIES

The Foundation has no contingent liabilities at 31 December 2022.

25. EVENTS SUBSEQUENT TO REPORTING DATE

In February 2023, the Board committed to an extension of funding for the Post Doctorate position at the University of WA of a further 12 months from July 2023. This includes a commitment of approximately \$132,000.

No other matter or circumstance has arisen since 31 December 2022 that has significantly affected, or may significantly affect the Foundation's operations, the results of those operations, or the Foundation's state of affairs in future financial years.

26. FOUNDATION DETAILS

The principal place of business of the Foundation is:

Wyllie Arthritis Centre
17 Lemnos Street
Shenton Park WA 6008

LEARN HOW TO REDUCE THE PAIN OF ARTHRITIS

Although arthritis can be difficult to live with, there are many simple measures that can help anyone with arthritis to manage their symptoms and cope with daily life.

Arthritis & Osteoporosis WA has various information booklets that can help you manage your arthritis by taking an active role in understanding and treating your condition.

Here are just some of the booklets that can help you to reduce joint stress and pain and live a more healthy and active life!



Please call us on 1800 011 041

and tell us what type of arthritis you have, and we will send out an information package

*Information packs posted within Australia only.



Wyllie Arthritis Centre

17 Lemnos Street, Shenton Park WA 6008
Post Office Box 34, Wembley WA 6913

Telephone: 1800 011 041

Email: general@arthritiswa.org.au

Website: www.arthritiswa.org.au

ABN: 43 390 598 024

